

Over the counter (OTC) hayfever preparations guide

Medications	Brands	Licensed age for OTC use
Chlorphenamine 4mg tablets	Piriton Allergy®	Tablets for 6 years +
Chlorphenamine 2mg/5ml oral solution (drowsy)	Piriton Children's 1 year+ ®	Liquid for 1 years +
Cetirizine 10mg tablets	Piriteze® Benadryl Allergy®	Tablets for 6 years +
Cetirizine 1mg/1ml oral solution	Piriteze® Children® Benadryl for Children®	Liquid for 2 years +
Loratadine 10mg tablets	Clarityn®	Tablets for 6 years +
Loratadine 1mg/1ml oral solution (non-drowsy)		Liquid for 2 years +
Acrivastine 8mg capsules (drowsy)	Benadryl Allergy Relief®	12 years+
Acrivastine 8mg Pseudoephedrine 60mg capsules	Benadryl Allergy Plus®	12years +
Fexofenadine 120mg tablets	Allevia®, Treathay®	12 years+
Beclometasone 0.05% nasal spray	Beconase®	18 years +
Mometasone 0.05% nasal spray	Clarinaze ®	18 years +
Fluticasone 0.05% nasal spray	Pirinase®	18 years +
Budesonide 64mcg nasal spray	Benacort®	18 years +
Triamcinolone acetonide 55mcg nasal spray	Nasacort®	18 years +
Sodium cromoglicate 2% eye drops	Opticrom ®, Optrex®, Allercom®	6 years +
Xylometazoline 0.05% and Antazoline (0.5%) eye drops	Otrivine - Antistin®	12 years +